

SAILING INSTRUCTIONS

- [DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.
- [NP] denotes that a breach of this rule will not be grounds for a protest by a board.
- [SP] denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing.

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – Windsurfing Competition Rules (**WCR**) and the Class Championship Rules (**CCR**).
- 1.2 No national authority prescription will apply.
- 1.3 If there is conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. **This changes WCR 63.7.**
- 1.4 If there is a conflict between languages, the English text will take precedence
- 1.5 [DP] [NP] Event stickers shall not be cut, trimmed or altered in any way.
- 1.6 [DP] [NP] A competitor shall be required to fit a tracking device if provided by the organizer.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located inside SKŻ Sopot and in front of the race office.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of any race on the day that it takes effect, except that any changes affecting the schedule of the next day's racing shall be posted not later than 60 minutes after the end of the last race of the day.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Official Flag Pole located in front of the race office at SKŻ Sopot.
- 4.2 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than 30 minutes'. **This changes WCR Race Signals.**
- 4.3 When the **D Flag** is displayed the Safety System is in force.

5. RACE SCHEDULE and FORMAT

- 5.1 The schedule, and format, of races will be as specified in the Notice of Race, except
- 5.2 Men and Women shall race separately.
- 5.3 A marathon (long distance) race may be scheduled and will be scored as one race.
- 5.4 'Back to back' races will be run for both divisions.
- 5.5 To alert boards that a race or sequence of races will shortly begin, an Orange Flag may be displayed (with one sound) at least 5 minutes before a

12. TIME LIMITS, TARGET TIMES & REST PERIOD

- 12.1 The time limits and target times are as follows:
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|-------------------|---------------|
| Time limit | 45 minutes |
| Target time | 25>30 minutes |
| Mark 1 time limit | 15 minutes |
- 12.2 If no board has passed mark 1 within the Mark 1 time limit, the race will be abandoned.
- 12.3 A board failing to finish within 20 minutes after the first board in her division sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. **This changes WCR's 35, A4 and A5.**
- 12.4 Rest Periods-Back to Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that division will be 10 minutes.
- 12.5 Rest Periods-Ashore. If 2 or 3 races have been sailed back to back there shall be a rest period of a minimum of 30 minutes ashore for the last finisher per division in the last race, before the warning signal for further races.

13. PROTESTS & REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Race Office. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 13.2 **[DP]** **[NP]** Boards retiring from racing after finishing shall complete a Retirement Declaration Form at the Race Office before the end of protest time limit.
- 13.3 **[DP]** **[NP]** Boards taking a voluntary penalty shall complete the Penalty Acknowledgement Form at the Race Office before the end of protest time limit.
- 13.4 The Protest Time Limit is 60 minutes after the last board has finished the last race of the day for each division or the Race Committee signals 'no more racing today', whichever is later.
- 13.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located near the Race Office.
- 13.6 Breaches of WCR 77 and rules in the Sailing Instructions marked **[NP]** will not be grounds for a protest by a board. **This changes WCR 60.1(a).** Penalties for breaches marked **[DP]** are at the discretion of the protest committee may be less than disqualification if they so decide.
- 13.7 On the last day of the regatta a request for reopening a hearing shall be delivered:
- Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - No later than 30 minutes after the party requesting reopening was informed of the decision on that day.

This changes WCR 66.

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- 13.8 On the last scheduled day of racing a request for redress based on jury decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62. 2.**
- 13.9 Decisions of the International Jury will be final as provided in WCR 70.5.

14. SCORING

- 14.1 Scoring will be according to the WCR Appendix A.
- 14.2 To request correction of an alleged error in the posted races or series results, a board shall complete a Scoring Enquiry Form available at the Race Office.

15. SAFETY REGULATIONS

- 15.1 [DP] [NP] A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Race Office upon arriving ashore.
- 15.2 [DP] [NP] Competitors not leaving the site for the day's racing shall inform the Race Office prior to the first start.

16. SAFETY SYSTEM

The Safety System, if prescribed, will be posted on the Official Notice Board.

17. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, including a written request, on the form provided, submitted to the Race Office.

18. OFFICIAL BOATS

- 18.1 Race Committee boats may display a plain white flag.
- 18.2 Media boats shall display a white flag marked "MEDIA".
- 18.3 Jury boat shall display a white flag marked with "JURY".

19. SUPPORT BOATS

- 19.1 [NP] All teams support boats shall conspicuously display the national flag of their country of origin
- 19.2 [NP] Before the Preparatory Signal of any class, support craft shall have left the course areas and remain outside the area, except to assist a crew in distress or at the request of the race committee, until after the finish of the last competitor of the final class racing or the races are postponed or abandoned. Infringements will be subject to action by the Race Committee which may result in preventing a support boat from going afloat.

20. TRASH DISPOSAL

[DP] [NP] Boards shall not put trash in the water. Trash may be placed aboard support and Race Committee boats.

21 PRIZES

- 21.1 Prizes will be awarded according to the NOR.
- 21.2 All competitors and coaches are required to attend at the prize giving and closing ceremony. Prize winners not attending may forfeit their prize.