



# North Sea Cup

04.05.2019 – 05.05.2019

Inside Outside

Ostend

## notice of race

The North Sea Cup 2019 will be held on 4th and the 5th of mai and will be sailed at club Inside, Schietbaanstraat 100, B-8400 Ostend. The event is organized by Inside Outside under the supervision of Wind & Watersport Vlaanderen (WWSV), the Belgian Association 4 Board-riding Competitors (BABC) and Belgian Sailing.

### 1. rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020.
- 1.2 Appendix B will apply.
- 1.3 The prescriptions of the national authority (Belgian Sailing) will apply.
- 1.4 The class rules of the different classes involved will apply.
- 1.5 This notice of race will apply.
- 1.6 The sailing instructions will apply.
- 1.7 If there is a conflict between languages the English text will take precedence.

### 2. advertising

- 2.1 Advertising will be in accordance to World Sailing Regulation 20.
- 2.2 Competitors may be required to display advertising chosen and supplied by the organizing authority.

### 3. eligibility and entry

- 3.1 The regatta is open to all competitors.
- 3.2 Each competitor shall be a full member of her national class association.
- 3.3 Each competitor shall produce a valid sailing license.
- 3.4 Eligible competitors may enter by completing the entry form and paying the required fee in the regatta office.
- 3.5 There will be sailed in 4 fleets:
  - 3.5.1 Formula Windsurfing and Formula Experience  
Course Racing
  - 3.5.2 Techno 293 Class  
U 13: sail OD max. 5.8 m<sup>2</sup> and fin 46 cm (born in 2007 or later)  
U 15: sail OD 6.8 m<sup>2</sup> or 5.8m<sup>2</sup> and fin 46 cm (born in 2005 or later)  
U 17 boy: sail OD 7.8 m<sup>2</sup> or 6.8m<sup>2</sup> and fin 46 cm (born in 2003 or later)  
U 21 girl: sail OD 7.8 m<sup>2</sup> or 6.8m<sup>2</sup> and fin 46 (born in 1999 or later)  
T293+ open: sail OD 8.5 m<sup>2</sup> and fin 50 cm (born in 2002 or earlier)  
this changes CR C.2.3  
Course Racing  
Open: boys and girls racing together, only one ranking.
  - 3.5.3 Hybrid / RS:X / Raceboard & Mistral  
Course Racing
  - 3.5.4 R300  
course racing



#### **4. fees**

4.1 the required fees for competing in the North Sea Cup are set as follows

Youth	16,00 €
Senior	16,00 €

4.2 competitors participating in the Open Belgian Championship Bic Techno T293 have to register this separately and pay a supplement of 4,00 €.

4.3 Payment has to be done in cash money during registration.

#### **5. schedule**

5.1 Saturday 04.05.2018

12h00 – 14h00	registration
14h30	skippersmeeting
15h00	first warning signal
	following races as soon as possible

5.2 Sunday 05.05.2018

10h00	first warning signal
	following races as soon as possible
16h00	no warning signal will be given after this time
	the price giving ceremony will take place as soon as possible

#### **6. sailing instructions**

6.1 The sailings instructions will be available at registration in the Regatta Office.

#### **7. scoring**

7.1 2 races are required to be completed to constitute a series

7.2 dicards

7.2.1 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores. "this change RRS B8.A2.1"

7.2.2 When 3 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. "this change RRS B8.A2.1"

7.2.3 When 7 races or more have been completed, a boat's series score will be the total of her race scores excluding her two worst scores. "this change RRS B8.A2.1"

#### **8. support boats**

8.1 Teamleaders and/or coaches shall register at the registration office before the start of the first race and give the sail numbers of all boats they are supporting.

#### **9. disclaimer of liability**

9.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or any person directly or indirectly involved in the organization shall not be liable for material damage or personal injury or death sustained in conjunction with or prior to, during, after the regatta, ashore or afloat.

9.2 Parents/guardians are responsible for the safety of the sailor. It is the sole responsibility of the parents/guardians of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the Regatta. Parents/guardians not personally attending any part of the event must ensure that another adult is authorized and designated to make these decisions for the sailor.

#### **10. Safety**

10.1 Adequate personal buoyancy shall be worn at all times while afloat in the Bic Techno 293 class. Wet suits and dry suits do not constitute adequate personal buoyancy.



## 11. insurance

- 11.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 500.000 € per incident or the equivalent.
- 11.2 It shall be the sole responsibility of each competitor to have such insurance and to provide the written proof thereof at registration, without which entry will be refused.

## 12. food

- 12.1 On Saturday evening a BBQ will be organised. You can order and pay during registration time.
- 12.2 On Sunday morning a free breakfast will be offered to all competitors and coaches. All other people can order and pay during registration time.
- 12.3 The whole weekend there will be drinks and food available at democratic prices.

## 13. Accommodation

- 13.1 A limited number of chalets are available at the rate of 14,00 € per person and per night. Reservation of these chalets can be made by mail to [info@vwinout.be](mailto:info@vwinout.be).
- 13.2 Hotel accommodation and camping are available in the nearby area. Please contact Toerisme Oostende, Monacoplein 2, 8400 Oostende, phone 00 32 59 70 11 99, fax 00 32 59 70 34 77, mail [info@toerisme-oostende.be](mailto:info@toerisme-oostende.be) or visit [www.oostende.be](http://www.oostende.be)

## 14. further information

- 14.1 For further information concerning the event please contact phone number + 32 59 32 03 32 , mail [info@vwinout.be](mailto:info@vwinout.be) or visit [www.vwinout.be](http://www.vwinout.be).

## 15. media and image rights

- 15.1 Participants authorize the organization to use any media it deems necessary for commercial purposes. By entering this regatta, sailors on the competing boats grant the absolute right and permission to use their names, voices, images, likenesses as well as representations of their boats in any media published by the organization (including television, print and internet).

