



North Sea Cup

30.04.2016 – 01.05.2016

VVW Inside Outside

Ostend

notice of race

The North Sea Cup 2016 will be held on 30th of april en 1st of mai and will be sailed in front of the beach club VVW Outside, Oostend. The event is organized by VVW Inside Outside under the supervision of the Vlaamse Yachting Federatie (VYF), the Belgian Association 4 Board-riding Competitors (BABC) and the Koninklijk Belgisch Yachting Verbond (KBYV).

In case of too difficult weather condition the race can take place at the Spuikom (Inside).

1. rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2013-2016.
- 1.2 Appendix B will apply.
- 1.3 The prescriptions of the national authority (KBYV-FRBY) will apply.
- 1.4 The class rules of the different classes involved will apply.
- 1.5 This notice of race will apply.
- 1.6 The sailing instructions will apply.
- 1.7 If there is a conflict between languages the English text will take precedence.

2. advertising

- 2.1 Advertising will be in accordance to ISAF Regulation 20.
- 2.2 Competitors may be required to display advertising chosen and supplied by the organizing authority.

3. eligibility and entry

- 3.1 The regatta is open to all competitors.
- 3.2 Each competitor shall be a full member of her national class association.
- 3.3 Each competitor shall produce a valid sailing license.
- 3.4 Eligible competitor may enter by completing the entry form and paying the required fee in the regatta office.
- 3.5 There will be sailed in 3 fleets:
 - 3.5.1 Formula Windsurfing and Formula Experience
 - Course Racing
 - Wind limit 7 knots.
 - 3.5.2 Techno 293 Class
 - U17 Boy and Girl ; U15 Boy and Girl; U 13 Boy and Girl; T293+ Men and Women
 - Subdivisions:
 - U 13: sail surface maximum 5.8 m² OD (born in 2004 or later)
 - U 15: sails OD 6.8 m² or 5.8m² (born in 2002 or later)
 - U 17 boy: sails OD 7.8 m² or 6.8m² (born in 2000 or later)
 - U 20 girl: sails OD 7.8 m² or 6.8m² (born in 1997 or later)
 - T293+ U19: sail surface maximum 8.5 m² (Fin 50) (born in 1999, 1998 or 1997)
 - T293+ open: sail surface maximum 8.5 m² (Fin 50) (born in 1999 or earlier)
 - this changes CR C.2.3



Course Racing

Wind limit 6 knots

Open: boys and girls racing together, only one ranking.

3.5.3 Hybrid / RS:X / Raceboard & Mistral

Course Racing

Wind limit 6 knots

4. fees

4.1 the required fees are set as follows

Youth 25,00 €

Senior 25,00 €

4.2 Payment has to be done in cash money during registration.

5. schedule

5.1 Saturday 31.04.2016

12h00 – 14h00 registration

14h30 skippersmeeting

15h00 first warning signal

following races as soon as possible

5.2 Sunday 01.05.2016

10h00 first warning signal

following races as soon as possible

17h00 no warning signal will be given after this time

the prize giving ceremony will take place as soon as possible

6. sailing instructions

6.1 The sailings instructions will be available at registration in the Regatta Office.

7. scoring

7.1 2 races are required to be completed to constitute a series

7.2 dicards

7.2.1 When fewer than 3 races have been completed, a boat's series score will be the total of her race scores. "this change RRS B8"

7.2.2 When 3 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. "this change RRS B8"

7.2.3 When 7 races or more have been completed, a boat's series score will be the total of her race scores excluding her two worst scores. "this change RRS B8"

8. support boats

8.1 Teamleaders and/or coaches shall register at the registration office before the start of the first race and give the sail numbers of all boats they are supporting.

9. disclaimer of liability

9.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority or any person directly or indirectly involved in the organization shall not be liable for material damage or personal injury or death sustained in conjunction with or prior to, during, after the regatta, ashore or afloat.

9.2 Parents/guardians are responsible for the safety of the sailor. It is the sole responsibility of the parents/guardians of the sailor to decide if the sailor should sail in the weather and sea conditions that might arise during the Regatta. Parents/guardians not personally attending any



part of the event must ensure that another adult is authorized and designated to make these decisions for the sailor.

10. Safety

- 10.1 Adequate personal buoyancy shall be worn at all times while afloat in the Bic Techno 293 class. Wet suits and dry suits do not constitute adequate personal buoyancy.

11. insurance

- 11.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 500.000 € per incident or the equivalent.
- 11.2 It shall be the sole responsibility of each competitor to have such insurance and to provide the written proof thereof at registration, without which entry will be refused.

12. food

- 12.1 Saturday evening a free BBQ will be offered to all competitors at the VVW inside location. Not-competitors can join by paying 12,00 € during registration.
- 12.2 Sunday morning a free breakfast is offered to all competitors at the VVW Inside location.
- 12.3 The whole weekend there will be drinks and food available at democratic prices.

13. Accommodation

- 13.1 A limited number of chalets are available at the rate of 13,00 € per person and per night. Reservation of these chalets can be made by mail to info@vvwinout.be.
- 13.2 Hotel accommodation and camping are available in the nearby area. Please contact Toerisme Oostende, Monacoplein 2, 8400 Oostende, phone 00 32 59 70 11 99, fax 00 32 59 70 34 77, mail info@toerisme-oostende.be or visit www.oostende.be

14. further information

- 14.1 For further information concerning the event please contact phone number + 32 59 32 03 32 , mail info@vvwinout.be or visit www.vvwinout.be.

15. media and image rights

- 15.1 Participants authorize the organization to use any media it deems necessary for commercial purposes. By entering this regatta, sailors on the competing boats grant the absolute right and permission to use their names, voices, images, likenesses as well as representations of their boats in any media published by the organization (including television, print and internet).





Tabel waterstanden

| Hoog water | | | Laag water | |
|------------|-------|------|------------|------|
| 30/04 | 07:20 | 3,98 | 01:28 | 0,74 |
| | 20:01 | 3,75 | 14:13 | 0,90 |
| 01/05 | 08:51 | 3,91 | 03:00 | 0,74 |
| | 21:28 | 3,78 | 15:31 | 0,86 |

Racing area

