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### **SAILING INSTRUCTIONS**

- [DP] denotes a rule for which the penalty is at the discretion of the Protest Committee and may be less than disqualification.
- [NP] denotes that a breach of this rule will not be grounds for a protest by a board.
- [SP] denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing.

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing Windsurfing Competition Rules (**WCR**).
- 1.2 No national authority prescription will apply.
- 1.3 If there is conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. **This changes WCR 63.7.**
- 1.4 If there is a conflict between languages, the English text will take precedence.

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at the entrance of the race office.

### 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the Official Notice Board at least 60 minutes before the scheduled start of any race on the day that it takes effect, except that any changes affecting the schedule of the next day's racing shall be posted not later than 60 minutes after the end of the last race of the day.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Official Flag Pole located in front of the race office.
- 4.2 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than 30 minutes'. **This changes WCR Race Signals.**
- 4.3 [**DP**] [**NP**] Flag D displayed with a sound signal means: "The warning signal will be made not less than 30 minutes after flag D is displayed. Boards shall not leave the harbour until this signal is made.

### 5. RACE SCHEDULE and FORMAT

- 5.1 The schedule, and format, of races will be as specified in the Notice of Race, except Men and Women shall race separately.
- 5.2 A marathon (long distance) race may be scheduled and will be scored as one race.
- 5.3 'Back to back' races will be run for both divisions.
- 5.4 To alert boards that a race or sequence of races will shortly begin, an Orange Flag may be displayed (with one sound) at least 5 minutes before a warning signal is displayed. No sound will be made when the Orange Flag is lowered.

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5.5 The warning signal for the last race of each day shall not be made later than 19.00hrs, except on the last day when the last possible warning signal shall be at 17.00hrs.

5.6 There may be a daily skippers meeting one hour before the scheduled first possible warning signal on that day.

### 6. DIVISION FLAGS

The division flags will be: Light blue flag with Red "R" – Men Pink flag with Red "R" logo – Women

### 7. RACING AREA

- 7.1 The racing area is defined as an area extending 75m beyond the course including the starting line, the finishing line and their extensions, in which a board would normally sail while racing.
- 7.2 [DP] [NP] Boards not racing shall avoid the racing area.

### 8. COURSES

- 8.1 The diagrams in SI Addendum A show the courses, the course designations, , the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 If more than one course option is prescribed for the days racing, no later than one minute before the warning signal the Race Committee Signal Boat shall display the course to be sailed on a white board.

### 9. MARKS

The starting *marks*, finishing *marks* and *marks* of the course is described in Addendum A.

### 10. THE START

- 10.1 Races will be started using WCR 26.
- 10.2 The starting line will be between the mast with orange flag positioned on the starboard starting *mark and the course side of the mark 4* on the port end of the line as described on the course illustration.
- 10.3 A board starting later than 4 minutes after her starting signal will be scored Did Not Start. **This changes WCR A4 and A5**.
- 10.4 When an individual recall has been signaled, or a board breaks rule 30.3, the Race Committee will display the sail number(s) on a white board on the back of the Race Committee Signal Boat before the first board has finished that race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a) and A5**.

### 11. THE FINISH

The finishing line will be between the mast with blue flag on the RC boat and the finishing buoy as described on the course illustration.

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### 12. TIME LIMITS, TARGET TIMES & REST PERIOD

12.1 The time limits and target times are as follows:

Time limit 45 minutes
Target time 25>30 minutes
Mark 1 time limit 15 minutes

- 12.2 If no board has passed mark 1 within the Mark 1 time limit, the race will be abandoned.
- 12.3 A board failing to finish within 20 minutes after the first board in her division sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. **This changes WCR's 35, A4 and A5**.
- 12.4 Rest Periods-Back to Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that division will be 10 minutes.
- 12.5 Rest Periods-Ashore. If 2 or 3 races have been sailed back to back there shall be a rest period of a minimum of 30 minutes ashore for the last finisher per division in the last race, before the warning signal for further races.

### 13. PROTESTS & REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Race Office. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 13.2 [**DP**] [**NP**] Boards retiring from racing <u>after</u> finishing shall complete a Retirement Declaration Form at the Race Office before the end of protest time limit.
- 13.3 [**DP**] [**NP**] Boards taking a voluntary penalty shall complete the Penalty Acknowledgement Form at the Race Office before the end of protest time limit.
- 13.4 The Protest Time Limit is 60 minutes after the last board has finished the last race of the day for each division or the Race Committee signals 'no more racing today', whichever is later.
- 13.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located near the Race Office.
- 13.6 Breaches of WCR 77 and rules in the Sailing Instructions marked [NP] will not be grounds for a protest by a board. This changes WCR 60.1(a). Penalties for breaches marked [DP] are at the discretion of the protest committee may be less than disqualification if they so decide.
- 13.7 On the last day of the regatta a request for reopening a hearing shall be delivered:
  - a. Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - b. No later than 30 minutes after the party requesting reopening was informed of the decision on that day.

This changes WCR 66.

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13.8 On the last scheduled day of racing a request for redress based on jury decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62. 2**.

### 14. SCORING

- 14.1 Scoring will be according to the WCR Appendix A.
- 14.2 There shall be one overall ranking for men and one overall ranking for women in the Raceboard Class. Division prizes and titles may be awarded to the highest placed sailors in properly constituted age and weight (men only) divisions.
- 14.3 To request correction of an alleged error in the posted races or series results, a board shall complete a Scoring Enquiry Form available at the Race Office.

### 15. SAFETY REGULATIONS

- 15.1 [**DP**] [**NP**] Competitors shall wear personal flotation devices at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.
- 1.1 [**DP**] [**NP**] A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Race Office upon arriving ashore.
- 1.2 **[DP]** [NP] Competitors not leaving the site for the day's racing shall inform the Race Office prior to the first start.

### 2. [DP] [NP] SAFETY SYSTEM

- 2.1.1 Sign-out/in sheets will be available in the Race Office.
- 2.1.2 Each competitor, intending to race, shall personally sign-out, against his name/sail number, when going out to race.
- 2.1.3 When returning ashore each competitor shall personally sign in to confirm that he/she has returned to shore:
  - 2.1.3.1 Within 30 minutes of the end of the time limit of that race, or in the case of back to back races the last race of that class/division for the day.
  - 2.1.3.2 Within 30 minutes after being instructed to go ashore by the Race Committee.
- 2.2 Failure to comply with SI 19.2 will result in a 3-point penalty being implemented by the Race Committee, without a hearing according with the RRS 64.1d. **This changes RRS 63.1.**

### 17. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, including a written request, on the form provided, submitted to the Race Office.

### 18. OFFICIAL BOATS

18.1 Race Committee boats may display a plain yellow flag.

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18.2 Media boats shall display a white flag marked "MEDIA".

### 19. SUPPORT BOATS

- 19.1 **[NP]** All teams support boats shall conspicuously display the national flag of their country of origin
- 19.2 [NP] Before the Preparatory Signal of any class, support craft shall have left the course areas and remain outside the area, except to assist a crew in distress or at the request of the race committee, until after the finish of the last competitor of the final class racing or the races are postponed or abandoned. Infringements will be subject to action by the Race Committee which may result in preventing a support boat from going afloat.

### 20. TRASH DISPOSAL

[**DP**] [**NP**] Boards shall not put trash in the water. Trash may be placed aboard support and Race Committee boats.

### 21 PRIZES

- 21.1 Prizes will be awarded according to the NOR.
- 21.2 All competitors and coaches are required to attend at the prize giving and closing ceremony. Prize winners not attending may forfeit their prize.

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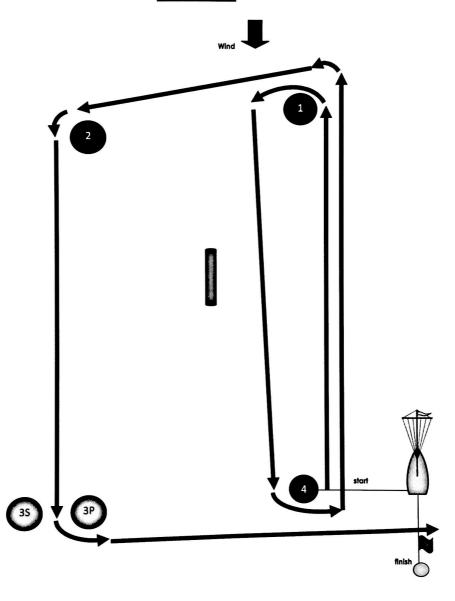
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# Addendum A **Courses**

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# Addendum A Courses



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Course Signal	Course
12	Start-1-4-1-2-3P-Finish
13	Start-1-4-1-4-1-2-3P-Finish
O2	Start-1-2-3S/3P-2-3P-Finish
03	Start-1-2-3S/3P-2-3P/3S-2-3P-Finish

Course marks will be inflatable, cylindrical black and green

<u>Starting Marks</u>: Race Committee boat at the startboard end of the line displaying an orange flag and black mark on the port end of the line (mark 4).

Finishing Marks: Race Committee boat and pin end buoy both displaying blue flags.

### **ADDITIONAL INFORMATION**

### INFORMATION ABOUT TIDE AT THE PLACE

Monday, 14th Septembre		
1406	Hora	Altura
High tide	04:28	1.2
Low tide	10:29	- 1.2
High tide	16:42	1.3
Low tide	22:48	- 1.3

Tuesday, 15th September		
	Hora	Altura
High tide	04:58	1.2
Low tide	11:00	- 1.2
High tide	17:12	1.3
Low tide	23:18	- 1.2

Wednesday, 16th September		
No. Carrie	Hora	Altura
High tide	05:28	1.2
Low fide	11:31	- 1.2
High tide	17:43	1.2
Low tide	23:48	-1.2

Thursday, 17th Septembre		
	Hora	Altura
High tide	05:59	1.1
Low tide	12:03	- 1.1
High tide	18:15	1.1

Friday, 18th September		
	Hora	Altura
Low tide	00:21	-1.1
High tide	06:32	1.1
Low tide	12:38	-1
High tide	18:50	0.9

Saturday, 19th September		
to service	Hora	Altura
Low tide	00:56	-0.9
High tide	07:09	0.9
Low tide	13:18	-0.9
High tide	19:32	0.8