

NOTICE OF RACE & SAILING INSTRUCTIONS (NoR/SI)

Prince of Speed Windsurfing World Speed Championship ISWC 27 April - 6 May 2025– La Palme

Organising Authority: World Speed Tour (WST)



1. RULES

- 1.1. The regatta will be governed by the rules as defined in The RRS 2025-2028 Racing Rules of Sailing - Windsurfing Fleet Racing Edition (WCR) as modified in Appendix B .
- 1.2. The ISWC Class Rules will apply.
- 1.3. If there is a conflict between any rules governing the event and the NoR/SI, the NoR/SI takes precedence.
- 1.4. National prescriptions will not apply.
- 1.5. Supplemental Sailing Instructions (SSI) may be published to change or supplement rules in these NoR/SI
- 1.6. In all rules governing this regatta:
 - 1.6.1.[SP] denotes a rule for which a standard penalty may be applied by the race committee or technical committee without a hearing. This changes RRS 63.1 and A5.
 - 1.6.2.[NP] denotes a rule that shall not be grounds for protests by a board. This changes RRS 60.1(a).
- 1.7. If there is a conflict between languages the English text will take precedence.
- 1.8. An International Jury (IJ) shall be appointed in accordance with RRS N1, its decisions will be final as provided by RRS 70.5.

2. [SP] ADVERTISING, SAIL INSIGNIAS & NATIONAL FLAGS

- 2.1. Sails and competitors may be required to carry advertising for event sponsors, which will be supplied by the local organising committee in accordance with World Sailing Regulation 20 - Advertising Code.

3. [SP] [NP] ADDITIONAL IDENTIFICATION

- 3.1. Bib vest, if provided, shall be worn outside other clothing while racing. Competitors shall not deliberately cut or tear them.

4. CLASSES AND DIVISIONS

- 4.1.1.Men Fin
- 4.1.2.Women Fin
- 4.1.3.Youth Men (born on or after 1st January 2004)
- 4.1.4.Youth Women (born on or after 1st January 2004)
- 4.1.5.Foil Open

5. ELIGIBILITY AND ENTRY REGULATIONS

- 5.1. All entries shall meet the requirements of World Sailing Regulation 19 - Eligibility Code.
- 5.2. A minimum of 5 (five) entries is required for each event to constitute a valid series.
- 5.3. The deadline for valid online entries is by 2400hrs (UTC) on **10th March 2025**.
- 5.3.1.Entries may be accepted, subject to the event Quota of 50 competitors according to NoR/SI 5.4 and 5.5.Entries after the deadline are at the discretion of the International ISWC.
- 5.4. A competitor shall be a member of the ISWC. Class membership formalities can be completed online.

- 5.5. In the case of exceeding the event quota on **10th March 2025**, the following shall apply as priority:
- 5.5.1. Competitors in the Top 6 WSSRC of last 5 years (2020-2025).
 - 5.5.2. Speed Legends (winner of overall world championship, top 3 etc.)
 - 5.5.3. Competitors in the Top 6 of GPSSPEEDSURFING all time 500m.
 - 5.5.4. TOP 10 ISWC Grand Prix
 - 5.5.5. TOP 10 POS GPS Trial on GPSSPEEDSURFING
 - 5.5.6. Wild Cards
- 5.6. WST membership is encouraged, but not obligatory.
- 5.7. To register eligible competitors shall contact wstspeedtour@gmail.com
- 5.7.1. An entry is not valid until paid.
- 5.8. The following documentation will be required at Registration on site:
- 5.8.1. Proof of valid third-party liability Insurance
 - 5.8.2. Proof of age (passport).
- 5.9. A completed [Parental Permission Form](#) for entries under the age of 18 years is required. This form may be completed online but a printed copy shall be brought to registration

6. FEES

- 6.1. The Entry Fee is 250 euros before 10 march
- 6.2. From 10 March to 25 April: 350 euro. From 26 April 500 euro
- 6.3. Entry fees payable to:
World Speed Tour
IBAN : FR76 1660 7000 1728 1219 2455 796
Address SWIFT(BIC) : CCBPFRPPPPG
Title of payment : World Championship 2025 (for youths World Championship 2025 youths)
Bank: Banque Populaire du sud

7. CAMERAS AND ELECTRONIC EQUIPMENT

- 7.1. [DP] [NP] Competitors may be required to carry on their boards cameras, sound equipment or positioning equipment as specified by the Organising Authority.
- 7.2. [SP] Competitors shall collect the equipment stated in NoR/SI 7.1 from the Race Office before racing on each day.
- 7.3. [SP] On return to shore, competitors shall return the equipment stated in NoR/SI 6.1 to the Race Office within a protest time limit.
- 7.4. [NP][DP] Personal Cameras and their attachments may be carried provided that they do not affect the function or use of any existing part of the board or associated equipment.
 - 7.4.1. Any footage or recording made during the event is to be made available to the ISWC upon request.

8. NOTICES TO COMPETITORS

- 8.1. Notices to competitors will be posted on the class website and sent by email.

9. CHANGES TO NOTICE OF RACE & SAILING INSTRUCTIONS

Any change to the Notice of Race & Sailing Instructions is subject to the approval of the Beach Marshall and will be posted no later than 60 minutes before the preparatory signal of the heat on

the day it will take effect.

10. SIGNALS MADE ASHORE & AFLOAT

- 10.1. Signals made ashore will be displayed on the beach by the starting area.
- 10.2. The signals to be used for starting and finishing heats are described in Appendix B, Section 3

11. [DP] EQUIPMENT REGISTRATION AND INSPECTION

- 11.1. [NP] Each competitor shall complete an online [Equipment Registration Form](#) and submit it before the close of registration.
- 11.2. Only registered equipment shall be used at this event.
- 11.3. Equipment may be inspected at any time during the event for compliance with the class rules.

12. [DP] REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorized by the Technical Committee.

13. FORMAT OF RACING, START & FINISH

- 13.1. Foil and Fin divisions shall start separately.
- 13.2. The length of the timed run is 501m, measured by an official surveyor.
- 13.3. The speed of a run may be registered in 2 different ways: Video Timing and/or GPS.
- 13.4. The course is illustrated in Appendix A. There will be 5 Marks: A, B, C, D, E:
 - A-B: 150m, no overtaking zone
 - B-C: 80m, the area to build speed: only one board at a time is allowed in this section.
 - C-D: 501m, official timed run
 - D-E: safety, end zone (boards must not stop in this zone)
- 13.5. The starting line is a line at right-angles to the course direction between A and the shore.
- 13.6. The finish line is a line at right-angles to the course direction between E and the shore.
- 13.7. Boards may launch anywhere upwind of A.
- 13.8. There is no gate, riders may stand in the water and waterstart (at a sufficient distance from A).
- 13.9. To return to the pre-start area it is mandatory to pass outside of E. and outside of ABCDE if sailing.
- 13.10. It is forbidden to stand along ABCDE.
- 13.11. Boards attempting a run must not stop before buoy E.
- 13.12. There is no limit to the number of runs per day. The schedule of the day is at the discretion of the LOA.

14. SCHEDULE

- 14.1. Event Schedule:

27 April:	Registration 9-11 First possible start: 14am maybe fun race Opening Ceremony: 7pm at La Palme
28 April-05 May	First possible start 8am Last possible start 7pm
06 May	First possible start 8am Last possible start 1pm Closing Ceremony: 7pm La Palme

14.2. A daily schedule will be announced.

15. RACING AREAS AND COURSE

15.1. In the case of an onshore wind the LOA may decide to move the race to La Nautique lake, 30km distance from the beach.

15.2. A map with the location of the Racing areas is published in Appendix A.

15.3. The Course with Mark descriptions is presented in Appendix A

16. PENALTIES AND HEARINGS

See Appendix B, section 6.

17. TIME LIMITS AND TARGET TIMES

The duration of heats may be 45min, 1h, 1h15min or 1h30min plus 1 extension according to the conditions.

18. VALIDITY OF THE EVENT

The event will be valid with 1 heat with a valid result.

19. [DP] [NP] SAFETY REGULATIONS

Speed sailing is an extreme sport. It is very important not to do anything that could create damage to others. It is forbidden to:

- 19.1. Leave a board on the beach with the fin up.
- 19.2. Snake inside of the run of another rider.
- 19.3. Enter the BC area (one sailor only) when another rider is there.
- 19.4. Stop before buoy E.
- 19.5. Sail upwind inside of the buoys.
- 19.6. Keep the sail up when walking back, and a rider is coming in the run near the beach.
- 19.7. Leave the board in the water when walking back, and a rider is coming very close to the beach.
- 19.8. Leave gear on the beach in the Competition area ABCDE.
- 19.9. Stand in front of the cameras.
- 19.10. When sailing back, stop in the starting area in front of a rider that is already there.
- 19.11. Create any dangerous situations.

20. ENVIRONMENTAL RESPONSIBILITY

The RRS Basic Principle states: "Participants are encouraged to minimize any adverse environmental impact of the sport of sailing." Care shall be taken to protect the environment at all

times during and after the event. Special attention is drawn to RRS 47 -TRASH DISPOSAL- which states: "Competitors and support persons shall not intentionally put trash in the water. This rule applies at all times while afloat. The penalty for a breach of this rule may be less than disqualification".

21. PRIZES AND TITLES

- 21.1. Prizes may be awarded to the first 3 competitors of a properly constituted division.
- 21.2. The first Man shall be known as – ‘2025 ISWC Men’s World Champion.’
- 21.3. The first Woman shall be known as – ‘2025 ISWC Women’s World Champion.’
- 21.4. The first competitor FOIL Open division shall be known as – ‘2025 ISWC FOIL World Champion’.
- 21.5. The first Youth Man shall be known as – ‘2025 ISWC Men Youth Men’s World Champion.’
- 21.6. The first Youth Woman shall be known as – ‘2025 ISWC Youth Women’s World Champion.’
- 21.7. A championship may not be validated, and prizes not awarded, if the numbers of athletes, countries and continents do not meet WS requirements for valid World Championships.

22. DISCLAIMER OF LIABILITY

- 22.1. Rule 3 of the RRS states: “The responsibility for a board’s decision to participate in a race or to continue to race is hers alone.” Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - 22.1.1.They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their board to such inherent risk whilst taking part in the event;
 - 22.1.2.They are responsible for the safety of themselves and their board and their other property whether afloat or ashore;
 - 22.1.3.They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - 22.1.4.Their board is in good order, equipped to sail in the event and they are fit to participate;
 - 22.1.5.The provision of a race management team, patrol vessels and other officials and volunteers by the race organizer does not relieve them of their own responsibilities;
 - 22.1.6.The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - 22.1.7.The fact that the Race Committee or Technical Committee conducts inspections, or not, of a vessel does not reduce the responsibilities of each competitor set out in this NOR/SI.

23. INSURANCE

- 23.1. Each participating competitor shall be insured with valid third-party liability insurance with a minimum cover of €1.500.000 per incident or the equivalent.
- 23.2. Support vessel drivers shall also have valid third-party liability insurance with a minimum cover of €1,500,000 per event or the equivalent.

24. TELEVISION AND MEDIA

In registering for the event, competitors automatically grant to the OA and the ISWC the right in perpetuity to make, use and show from time to time at their discretion, any motion pictures, still pictures and live, taped or filmed television and other reproductions of them, taken during the

period of the event as defined in the NoR/SI in which he/she participates, without compensation.

25. [NP] OFFICIAL CEREMONIES AND DRESS CODE

It is obligatory for Competitors to attend Registration, the Opening Ceremony, Prize Giving and Closing Ceremony, if held.

Appendix A

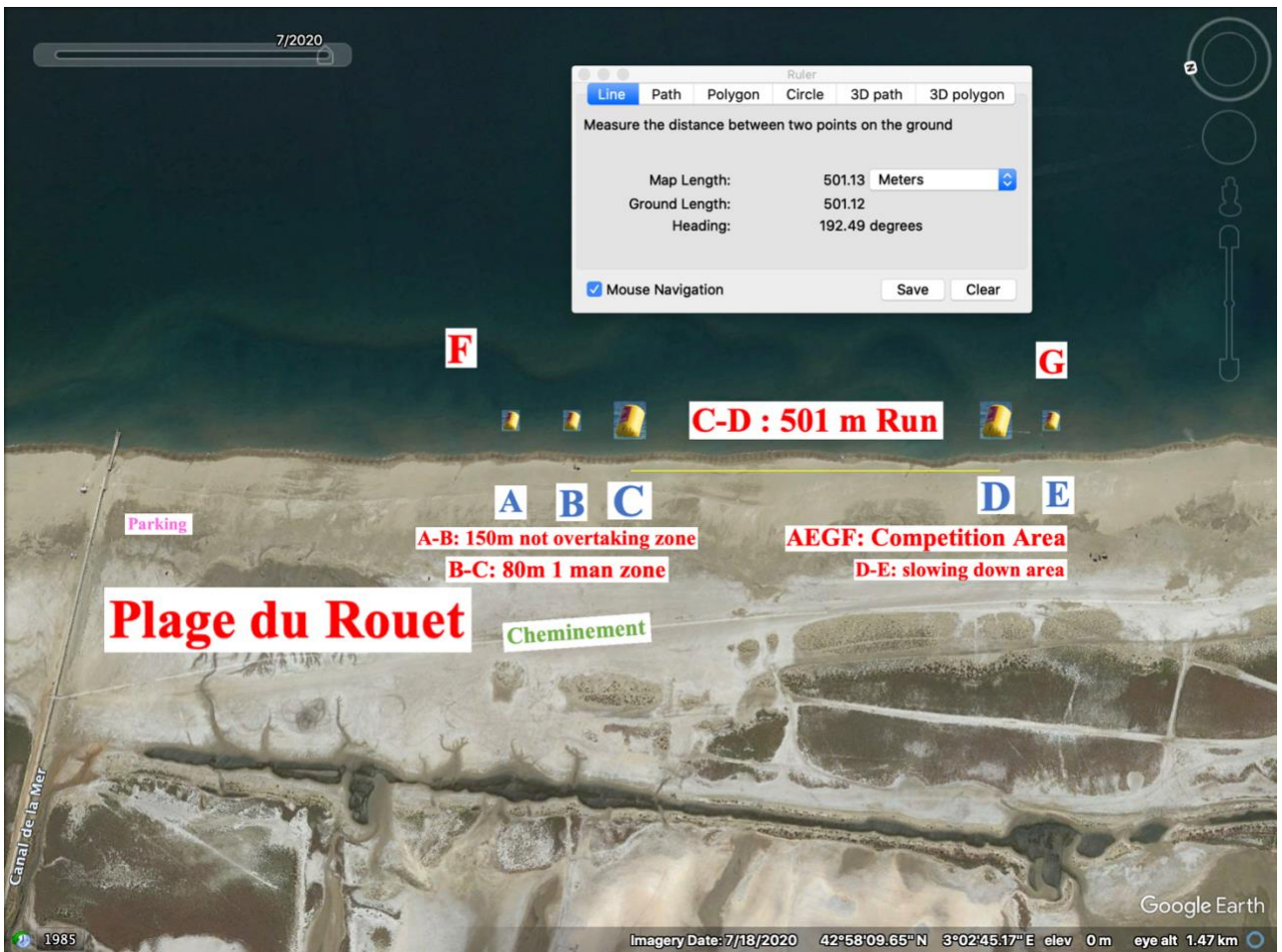


Fig 1 Plage du Rouet

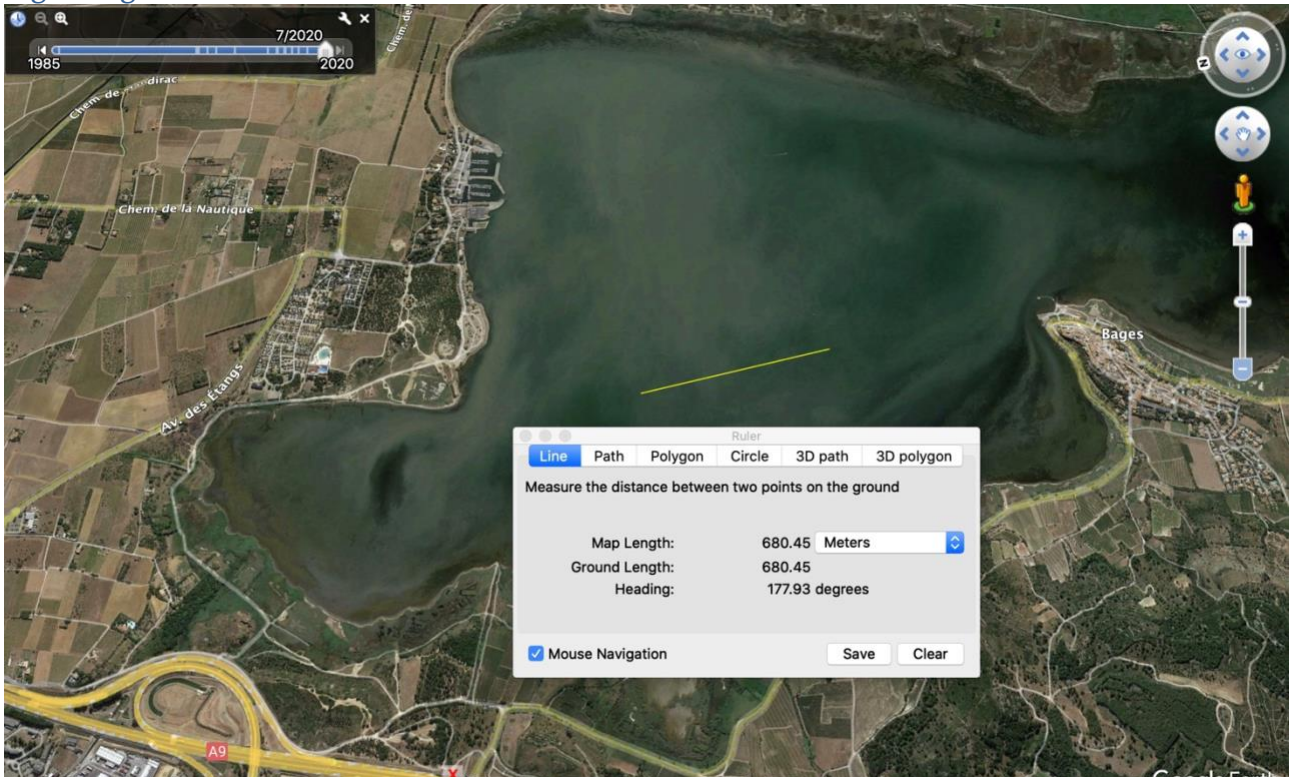


Fig 2 La Nautique lake

Appendix B – Rules

1. Applicable Rules

The RRS 2021-2025 Racing Rules of Sailing - Windsurfing Fleet Racing Edition (WCR) will apply, modified as below.

2. Rules Deleted

The following rules are deleted: WCR 27.3, 29, 30, 32, 33, 34, 35, 36, 44, 56.

3. Race Signals and Starting Races

Race Signals are amended as follows, WCR 26 is deleted and replaced with the following:

26 Starting and Finishing Heats

(a) Starting a Heat

<i>Signal</i>	<i>Flag</i>	<i>Meaning</i>
Stand-by	AP flag	Course closed. Races are <i>postponed</i>
Course closed	Red flag	Course closed; will open shortly
Preparatory	Red and yellow flag	Course will open in 5 minutes
Start	Green flag	Course is open

(b) Ending a Heat

<i>Signal</i>	<i>Flag</i>	<i>Meaning</i>
End warning	Green and yellow flag	Course will be closed in 5 minutes
Extension	Yellow flag	Current heat extended by 15 minutes
Finish	Red flag	Course Closed A new heat will be started shortly

4. Sailing a Heat

WCR 28 is deleted and replaced with the following:

28 Sailing a Heat

Boards sail a heat by sailing one or more runs between the starting signal and the finish signal.

To sail a run a board shall *start*, *sail the course* and then *finish*. After *finishing*, a board shall cross the finishing line completely.

5. Protests

Add new rule 60.1(d):

60.1(d) A board may not protest another board for an incident she observes while the other board is making a run.

6. Penalties

WCR 64.,2 is changed such that 'disqualification' shall mean disqualification from a run' unless the breach resulted in injury or serious damage when it shall mean 'disqualification from a heat'. The word 'race' means 'run or heat' as appropriate.

WCR 64.2 (a) and (b) are deleted and replaced with:

- (a) If a board fails to comply with a rule while attempting a run, she may be warned by the race committee and no time will be awarded for that run.
- (b) If a board is warned a second time during a heat, she shall be excluded by the race committee from the remainder of the heat.
- (c) A board receiving a third warning during the event shall be excluded from the event and no times will be awarded for the event.
- (d) A list of the sail numbers of boards that have received warnings or have been excluded shall be posted on a notice board near the finishing line.

7. Scoring

The rules of Appendix A are deleted and replaced by:

A1 SPEED COMPETITON SCORING

- (a) The speeds of a board's fastest two runs in a heat shall be averaged to determine her standing in that heat. The board with the highest average wins and others shall be ranked accordingly. If boards are tied, the tie shall be broken in favour of the board with the fastest run in the heat.
- (b) In each heat, competitors are scored points equivalent to their finishing position, except the first place, who is scored 0.7 points.

Boards who do not start in a leg, who start and thereafter retire, who do not finish, who finish and thereafter retire or who are disqualified, score points one greater than the last possible finishing position in that heat.

- (c) A board's series score is the total of its heat scores after discarding its worst scores as follows:

Number of heat scores	Number of discards
1-3	0
4-6	1
7-10	2
11-15	3
16 or more	4

- (d) If there is a series score tie between two or more boards, it shall be broken in favour of the board(s) with the fastest run during the competition.

- (e) If a tie remains between two or more boards, each board's heat scores, including excluded scores, shall be listed in order of best to worst, and at the first point(s) where there is a difference the tie shall be broken in favour of the board(s) with the best score(s). These scores shall be used even if some of them are excluded scores.
- (f) If a tie still remains between two or more boards, they shall be ranked in order of their scores in the last heat. Any remaining ties shall be broken by using the tied boards' scores in the next-to-last heat and so on until all ties are broken. These scores shall be used even if some of them are excluded scores.

FURTHER INFORMATION (not part of NoR/SI)

Plage du Rouet is a “delicate spot” It could be nice to have a look also at the general Rules for Plage du Rouet and the gentleman agreement of WST (not mandatory for this WC but good to know)

<https://www.worldspeedtour.com/speed-at-plage-du-rouet/>

<https://www.worldspeedtour.com/wst-rule-gentleman-agreement/>

Plage du Rouet is on the road D709 1km after the Salin de La Palme direction Port La Nouvelle.

A TRAVEL, TRANSFER & ACCOMMODATION

There is a Camping at La Palme and lot of accommodation between Leucate and Port La Nouvelle.

We have got a discount for the Competitor from the Camping Cap du Roc:

For 1 bungalow with 2 rooms: 30.89 euro per day. NB: We need to let the bungalows clean after the departure.

B PARKING

Parking area: it's possible to park on the beach on the area on the right (south) only 15 cars and before the woods sticks. The others can park all along the channel of the Rouet (wooden pier) on the north side also after the bridge.

